



## CLIENT DISCLOSURE

Date	YYYY / MM / DD
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Chi Nei Tsang is a specialized practice of bodywork that involves touching your belly. The philosophy is that a person's health can be effectively improved by working gently on and directly with the internal organs, especially those in the abdominal cavity or belly. It is a holistic method of healing in which physical and emotional symptoms are viewed as interrelated.

Chi Nei Tsang (CNT) is an Eastern healing arts practice developed by Taoist monks in China thousands of years ago. These monks understood that healing intention, energy and skillful, physically applied touch help the body to heal itself. CNT works on the belly, primarily below the ribs and above the pubic bone. CNT uses breathing exercises, applied Qigong, and a deep, sensitive touch to engage a body's natural ability to heal itself. Qigong is a term that describes the Eastern-based practices that build and harmonize a person's vital energy. This vital energy is the energy that animates your body to make you alive. CNT helps some clients discover what is under their physical symptoms. Receiving CNT can lead to improved physical and emotional digestion and an increased sense of wellbeing.

### Communication

I welcome your questions and feedback. Please let me know what your objectives and concerns are. Treatments should not be painful. Please tell me if you are feeling discomfort or pain.

### Clothing

You will remain clothed during each treatment session, for CNT, your belly (to several inches below your belly button) may be uncovered during the treatments.

Chi Nei Tsang can help many people suffering from conditions including, but not limited to:

- chronic digestive, elimination complaints
- ailments since surgery, pregnancy, or injuries
- physical complaints that have a connection with emotions (poor emotional digestion)
- painful menstrual periods
- stress
- pain, referred symptoms that are related to the internal organs
- sub-par immune function

### My Education and Credentials

I am a trained practitioner with certification in CNT Fundamentals Part 1 and 2 as well as certification in Global Body Attitude Part 1 and 2. I am also a certified Colon Hydrotherapist, Laser Technician, Bio-identical Hormone Assistant, have taken numerous courses regarding nutrition and have my degree in Elementary Education. The Canadian and Alberta Governments do not require that practitioners of Chi Nei Tsang be licensed to practise this healing art. Also, there is currently no provision for Federal or Provincial licensure of practitioners of Chi Nei Tsang.

# COLON HYDRO HEALING



## Contraindications for Treatment and Required Information

Chi Nei Tsang should not be performed on people who have certain medical conditions. For example, if you have had an abdominal implant, other than Dacron mesh, or if you have an inguinal hernia, you should not receive CNT treatments. This is why I have asked you to describe, in writing, your current complaints and health history. I need to know what illnesses, surgeries, injuries, or trauma you have had, if you are pregnant, if you are on medications, or if you have any drug or other allergies. I also need to know your medical diagnosis, if you have one.

## Office Policies

Prior to receiving my services, I ask that you acknowledge in writing, that you have received, read and understand this document. I will keep this signed document in my files for three years. I recommend that you inform your medical doctor that you are receiving Chi Nei Tsang.

I, (please print) \_\_\_\_\_, have read the above disclosure about Chi Nei Tsang and Melanie Keil's education and credentials. I understand that Melanie Keil is not a licensed physician, and does not prescribe medical treatment or diagnose or treat illness, disease, or mental disorders.

Treatments are available by appointment only. I further understand that 24 - hours' notice will be given for cancellations.

I understand I must remain under the care of a licensed medical doctor.

All information will be held in strict confidence. This information may help your therapist to assist you better in your quest for optimal colon hydrotherapy results. It is not intended to diagnose or prescribe and is not a replacement for your regular medical attention by your physician. I have read the contra indications for colonic irrigation listed above and with my signature below I testify that I DO NOT HAVE ANY of the listed conditions.

**Print Name:** \_\_\_\_\_

**Clients Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_